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UM student from Great Falls wins research award

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NEWS RELEASE

May 3, 2001

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UM STUDENT FROM GREAT FALLS WINS RESEARCH AWARD

MISSOULA--

Quincy Bennetts, a University of Montana senior in exercise physiology from **Great Falls**, received the top undergraduate research award at the 2001 Northwest American College of Sports Medicine Conference, held last month at Willamette University in Salem, Ore.

Bennetts' winning project studied the effects in women of an electronic neck-cooling device on sweat rate, hydration and extended exercise in hot weather. She found no benefit to using the device, sold by Sharper Image, during a two-hour walk in 100-degree heat.

She worked under the supervision of exercise physiologists Assistant Professor Steven Gaskill and Associate Professor Brent Ruby at UM's Human Performance Laboratory.

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